



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Statistics Report 14098, Alcoholic Beverage, wine, table, red, Cabernet Franc

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	86.59	--	--	--	--	--	--	--	--	Calculated or imputed	--	06/2005
Energy	kcal	83	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Energy	kJ	349	--	--	--	--	--	--	--	--	Calculated or imputed	--	10/2006
Protein	g	0.07	--	--	--	--	--	--	--	--	Calculated or imputed	14096	07/2005
Total lipid (fat)	g	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	14096	05/2005
Ash ¹	g	0.27	30	0.010	0.15	0.37	29.0	0.247	0.288	1	Analytical or derived from analytical	--	05/2005
Carbohydrate, by difference	g	2.45	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2005
Lipids													
Fatty acids, total trans	g	0.000	--	--	--	--	--	--	--	--	Assumed zero	--	09/2015
Other													
Alcohol, ethyl ¹	g	10.6	30	0.095	9.3	11.9	29.0	10.42	10.808	1	Analytical or derived from analytical	--	05/2005

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Flavonoids													
Anthocyanidins													
Petunidin ²	mg	4.7	--	0	4.7	4.7	--	--	--	--	--	--	--
Delphinidin ²	mg	3.9	--	0	3.9	3.9	--	--	--	--	--	--	--
Malvidin ²	mg	44.1	--	0	44.09	44.09	--	--	--	--	--	--	--
Peonidin ²	mg	2.4	--	0	2.4	2.4	--	--	--	--	--	--	--
Flavan-3-ols													
(+)-Catechin ²	mg	6.2	--	0	6.21	6.21	--	--	--	--	--	--	--
(-)-Epicatechin ²	mg	9.2	--	0	9.2	9.2	--	--	--	--	--	--	--
Flavones													
Luteolin ³	mg	0.1	--	0.04	0.01	0.13	--	--	--	--	--	--	--
Flavonols													
Isorhamnetin ³	mg	0.1	--	0.01	0.02	0.06	--	--	--	--	--	--	--
Kaempferol ³	mg	0.0	--	0.01	0	0.03	--	--	--	--	--	--	--
Myricetin ³	mg	0.1	--	0.03	0.04	0.14	--	--	--	--	--	--	--
Quercetin ^{2,3}	mg	0.6	--	0.2	0.14	0.84	--	--	--	--	--	--	--

Sources of Data

¹Alcohol and Tobacco Tax and Trade Bureau Wine and malt beverage data from TTB, 2004 Beltsville MD

²Pour Nikfardjam, M. S., Márk, L., Avar, P., Figler, M., and Ohmacht, R. Polyphenols, anthocyanins, and trans-resveratrol in red wines from the Hungarian villainy region., 2006 Food Chemistry 98 pp.453-462

³Fang, F., Li, J-M., Zhang, P., Tang, K., Wang, W., Pan, Q-H., and Huang, W-D. Effects of grape variety, harvest date, fermentation vessel and wine ageing on flavonoid concentration in red wines., 2008 Food Res. Int. 41 pp.53-60